



ACC CNA Students model their gait/transfer belts in Ms. Stephanie Mickley's class.

CNA Takes a Walk

If one were to drive or walk around the outside of the ACC building, you may have witnessed a long line of students who were experiencing training in the assistance of medically restricted patients. Students received instruction in the use of the gait/transfer belt.

The belt is used to assist patients who may need to be transferred between hospital furniture (bed to bed, chair to bed, etc.) and in assisted walking situations. The ACC-CNA program, in training it's students in the use of medical devices, also seeks to instill empathy in the CNA candidate. By simulating the experience a patient may encounter, students will hopefully gain a deeper understanding of why they are needed, and how they can ease the difficulties of those in need.

Edu-Care (The ACC Child Care Clinical Experience) is still accepting students (5 and under) to be a part of the Early Childhood program. Cost is \$5 per week (no matter how many days attended). To inquire, or register, contact Barb Rutkowski at brutkowski@lphs.net, or the ACC office at 815-223-2454.



HAROLD BURR—BUILDING TRADES



The Building Trades program in the ACC is headed by teacher Mr. Harold Burr. Bringing over 21 years of experience in the Building Trades, Mr. Burr has created a classroom where safety is the first priority, and student involvement is its necessary compliment.

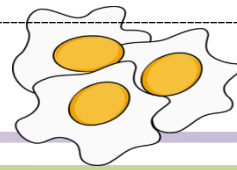
In many ways, the Building Trades program is often misunderstood to those that look in at it from the outside. While the class does emphasize the use of one's hands to build things, the major component of learning that occurs within the classroom happens in the realm of thinking and planning. For everything that one sees being built, there were a solid set of plans that were thought out before the hands-on took place.



Students in Mr. Burr's Building Trades classes practice their framing and hand tool skills.

One of Mr. Burr's favorite lessons to teach, is roof framing and stair layout. Both of these lessons are very heavy in mathematical application. Students put such concepts as slope (from linear Algebra), Pythagorean Identities (from Geometry), and transitive properties to use in building the components that make up a building.

Mr. Burr instills the value of his class in all of his students. While he readily realizes not all of his students will go on to be Carpenters



ACC Program Tip of The Month Culinary Arts

No more **Green Eggs** and Ham!!!!

If you are like most people, at one time or another you have come across the unappetizing prospect of eating eggs that had taken on a greenish hue. This can happen to the best of people, and even though the green color is harmless, it does present an aesthetic that is lacking.

The good news is, there is an easy way to avoid the green color. We won't get too scientific, but the green color is caused by oxidation between the sulfur in the white and the iron in the yolk. So, all one needs to do is add a chemical that will stop the oxidation process. That chemical... is citric acid. Add a little lemon juice to the eggs, and the process should be halted in its tracks. However, even without citric acid, one can go a long way towards thwarting the Green menace.

1. Stir the eggs often.
2. Serve them promptly
3. Avoid using a cast iron skillet.
4. If warming them, keep their temperature above 140 degrees.

A few simple adjustments, and no green eggs and ham!



the skills that they learn will be of great use to them when they become homeowners, or even rent a home. The ability to understand how the things around you are constructed, is a knowledge set that at minimum can save you money, and at maximum can contribute to a student's self-actualization and a deep sense of pride.

Mr. Burr likes to make his students aware of how construction is changing. The sheer number of new materials and items that are being added to the industry create a great deal of excitement for what is coming and can be done. Buildings are becoming much more efficient, materials are easier to work with, and new skill sets need to be developed. This keeps Mr. Burr on his toes, and allows his students to be at the fore-front of understanding the new technology.

In the end, Mr. Burr is thankful he is allowed to teach a class that combines solid thinking and planning skills, with the ability to be hands on, and most importantly, to CREATE!!!

Fire Science Opens the Hoses



In a practical application drill, the ACC Fire Science program took a very short trip on their truck, and put to test some of the firefighting skills they have been studying. The students (with the supervision of Chief Turri, and Asst. Chief McLaughlin) tapped into the hydrant outside of the LPHS Clock Tower and demonstrated/practiced different hose handling techniques. Students were required to show how to properly handle the hose, aim the current, and shut down the stream when instructed.



[Click Here to Learn About ACC Student of the Month Pablo Lule](#)

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